

MINNESOTA MILE WAVES					
25-person waves, 10 minutes apart					
BLOCK 1					
	4:00 PM	Wave 1		25	
	4:10 PM	Wave 2		25	
	4:20 PM	Wave 3		25	
	4:30 PM	Wave 4		25	
	4:40 PM	Wave 5		25	
	4:50 PM	Wave 6		25	
	5:00 PM	Wave 7		25	
	5:10 PM	Wave 8		25	
	5:20 PM	Wave 9		25	
	5:30 PM	Wave 10		25	250
BLOCK 2					
	6:00 PM	Wave 1		25	
	6:10 PM	Wave 2		25	
	6:20 PM	Wave 3		25	
	6:30 PM	Wave 4		25	
	6:40 PM	Wave 5		25	
	6:50 PM	Wave 6		25	
	7:00 PM	Wave 7		25	
	7:10 PM	Wave 8		25	
	7:20 PM	Wave 9		25	
	7:30 PM	Wave 10 (sunset 7:26pm)		25	250
