

# 2021 Winter Challenge 3

FEB.  
8-21



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20 MIN.  
FREE PLAY

YOGA

**Kids  
Choice**

STAIR  
FLIGHTS

PICK UP  
LITTER

OBSTACLE  
COURSE

DANCE

**Kids  
Choice**

STRETCHING

**Kids  
Choice**

BURPEES OR  
PUSH-UPS

AB  
CRUNCHES

**Kids  
Choice**

BUILD A  
SNOWMAN

RUN, HIKE  
OR WALK

ENJOY A  
SUNSET OR  
SUNRISE