



# Fitger's 5K

## All-Time Champions

| YEAR | MEN'S WINNER     | TIME  | WOMEN'S WINNER    | TIME  |
|------|------------------|-------|-------------------|-------|
| 2022 | Scott Behling    | 16:03 | Chelsey Youngberg | 19:30 |
| 2021 | Liam Fife        | 16:59 | Katherine Hoffman | 19:05 |
| 2020 | Liam Fife        | 17:29 | Rochelle Wirth    | 21:19 |
| 2019 | Scott Behling    | 15:18 | Casey Hovland     | 18:08 |
| 2018 | Nate Routhier    | 15:35 | Ellen Smith       | 18:26 |
| 2017 | Scott Behling    | 15:54 | Anna Lahti        | 19:56 |
| 2016 | Scott Behling    | 16:08 | Megan Baertsch    | 19:31 |
| 2015 | Justin Grunewald | 15:18 | Carrie Tollefson  | 18:20 |
| 2014 | Trevor Zimak     | 15:54 | Katie McGee       | 19:30 |
| 2013 | Joe Moore        | 14:53 | Morgan Place      | 17:53 |
| 2012 | Michael Reneau   | 15:10 | Katie Koski       | 17:48 |
| 2011 | Justin Grunewald | 16:10 | Gabrielle Cyr     | 18:58 |
| 2010 | Jeremy Polson    | 15:35 | Katie Koski       | 18:23 |
| 2009 | Jeremy Polson    | 15:29 | Amy Lyons         | 17:32 |
| 2008 | Michael Benchina | 16:08 | Jennifer Houck    | 18:57 |
| 2007 | Michael Benchina | 16:42 | Desiree Budd      | 17:51 |
| 2006 | Michael Benchina | 16:44 | Amy Lyons         | 16:55 |
| 2005 | n/a              | n/a   | n/a               | n/a   |
| 2004 | Gene Letty       | 17:02 | Katie Koski       | 18:10 |
| 2003 | n/a              | n/a   | n/a               | n/a   |
| 2002 | Jeremy Polson    | 15:07 | Katie Koski       | 18:03 |
| 2001 | Patrick Russell  | 15:29 | Rochelle Wirth    | 19:45 |

\* Some early records for the Fitger's 5K are incomplete. Our staff is working to retrieve those records dating back to 1990.



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| YEAR    | MEN'S WINNER    | TIME  | WOMEN'S WINNER  | TIME  |
|---------|-----------------|-------|-----------------|-------|
| 2000    | Patrick Russell | 15:46 | Heidi Schroeder | 19:51 |
| 1990-99 | n/a             | n/a   | n/a             | n/a   |



YOUNG  
ATHLETES  
FOUNDATION

A GRANDMA'S  MARATHON PROGRAM

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