



# **William A. Irvin 5K**

## **All-Time Women's Champions**

<b>YEAR</b>	<b>WOMEN'S WINNER</b>	<b>RESIDENCE</b>	<b>TIME</b>
2022	Nikki Long	Cary, NC	16:15
2021	Kristina King	Chicago, IL	17:26
2020	n/a	n/a	n/a
2019	Carrie Tollefson	St. Paul, MN	18:11
2018	Carrie Tollefson	St. Paul, MN	18:21
2017	Carrie Tollefson	St. Paul, MN	17:55
2016	Sarah Crouch	Blowing Rock, NC	17:21
2015	Hillory Davis	Colorado Springs, CO	18:15
2014	Carrie Tollefson	St. Paul, MN	18:36
2013	Savanna Plombon	Frederick, MD	17:36
2012	Kathleen Monaghan	Duluth, MN	19:09
2011	Heidi Peterson	Sartell, MN	18:34
2010	Carrie Tollefson	St. Paul, MN	18:25
2009	Michelle Oman	Mankato, MN	17:53
2008	Michelle Oman	Mankato, MN	18:35
2007	Laura Hughes	Mankato, MN	17:50
2006	Michelle Oman	Mankato, MN	17:45
2005	Michelle Oman	Mankato, MN	18:24
2004	Corrin Hoffman	St. Paul, MN	19:11
2003	Chelle Belland	La Crosse, WI	18:48
2002	Brooke Carney	Golden, CO	17:53
2001	Katie Lesauvage	Arlington, TX	18:45



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2000	Staci Bennett	White Bear Lake, MN	17:44
1999	Kara Bloomquist	Minneapolis, MN	18:00
1998	Jennifer Madland	St. Paul, MN	18:23
1997	Sara Rohde	St. Paul, MN	17:11
1996	Katie McGee	Duluth, MN	17:11
1995	Katie McGee	Duluth, MN	17:44
1994	Katie McGee	Duluth, MN	17:21

