



## FOR IMMEDIATE RELEASE

Contact: Zach Schneider  
Marketing & Public Relations Director  
[zach@grandmasmarathon.com](mailto:zach@grandmasmarathon.com)  
(218) 727-0947

# KENYA, MINNESOTA REIGN SUPREME AGAIN AT 2022 GRANDMA'S MARATHON

**(DULUTH, MINN.)** --- It was familiar faces doing familiar things at the 2022 Grandma's Marathon, as Dominic Ondoro and Dakotah Lindwurm once again left with the men's and women's championships, respectively.

For Ondoro, who broke Dick Beardsley's longstanding event record in 2014 for his first win in Duluth, it was his first competitive race since 2019. After saying before the race that he was unsure about his fitness, Ondoro ran a time of 2:09:34 that is now second-best all-time at Grandma's Marathon behind only his record performance of 2:09:06 in 2014.

Kenyan men took each of the top four spots on Saturday morning, with Ondoro followed by Sammy Rotich, James Ngandu, Elisha Barno. The win for Ondoro also extends the winning streak of Kenyan men at Grandma's Marathon to eight, dating back to his first victory in 2014.

Lindwurm, meanwhile, smiled her way to second straight Grandma's Marathon victory and nearly set a course record in the process. Already the first Minnesotan to win since Janice Ertle in 1991, Lindwurm now is the first woman to win back-to-back Grandma's Marathon championships since Mary Akor won three in a row from 2007-09.

Asked if she'll be back to try for a third title, Lindwurm said after the race she'll not only be back, she'll be back to go after the course record. Her time of 2:25:01 on Saturday was just 33 seconds off the pace set by Kellyn Taylor in 2018.



TOYOTA



MEMBERS



In total, there were 5,952 finishers of the 2022 Grandma's Marathon. Full results from the race can be found [HERE](#).

###

#### ABOUT GRANDMA'S MARATHON

Grandma's Marathon began in 1977 when a group of local runners planned a scenic road race from Two Harbors to Duluth, Minnesota. There were just 150 participants that year, but organizers knew they had discovered something special. Grandma's Marathon weekend draws more than 20,000 participants for its three-race event each June.

The race got its name from the Duluth-based group of famous Grandma's Restaurants, the first major sponsor of the marathon. Over time, the level of sponsorship with the restaurants changed, but the name stayed the same. Grandma's Marathon-Duluth, Inc. is a 501(c)(3) tax-exempt nonprofit organization with a 17-member Board of Directors and a nine-person, full-time staff.



Adolfson&PetersonConstruction | AdvantageEmbroidery &ScreenPrinting | BlackWoodsGrill&Bar | BudLight | CirrusAircraft | CityofDuluth | Coca-Cola  
CountryHearthNaturalBreads | Dasani | DEDA | DuluthNewsTribune | EssentiaHealth | GrandCasinoHinckley/MilleLacs | FamousDave's  
Grandma'sRestaurantCo. | GreatClips | HolidayInn&Suites | HolidayStationstores | Jamar | maurices | Michelina's | MinnesotaPorkBoard  
MinnesotaPower/ALLETE | Nature'sGemCBD | NorthlandFAN106.5 | PoweradeION4 | SuperOneFoods | WasteManagement | WDIO/WIRT-TV