



*Assisting Local Youth Programs*

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[GrandmasMarathon.com](http://GrandmasMarathon.com)

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**FOR IMMEDIATE RELEASE**

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**250 SPOTS REMAIN IN NEXT THURSDAY'S PARK  
POINT 5-MILER & 2-MILE WALK**

**(DULUTH, MINN.)** --- Just 250 spots are left in next week's 51<sup>st</sup> annual Park Point 5-Miler & 2-Mile Walk, which is scheduled for a 6:30 p.m. start on Thursday, July 14.

As a way of thanking and celebrating the community this year, the Young Athletes Foundation (YAF) has expanded some of the other events surrounding the race itself. Before and after the race, the community is invited to enjoy food trucks, drinks, music, and yard games in what will be a classic midsummer night in Duluth.

K&B Grilled Cheese, Oasis Del Norte, and Doc Witherspoon's Soul Food Shack will all be on site, and each finisher will receive a free beverage ticket to go along with their commemorative Park Point 5-Miler & 2-Mile Walk T-shirt.

This year's 5-Mile run is scheduled for 6:30 p.m. on Thursday, July 14, with the 2-Mile walk starting 10 minutes later at 6:40 p.m. The course starts and finishes near the Park Point Beach House and takes participants out and back on Minnesota Avenue between Lake Superior and the Duluth Harbor.

To register for this year's race, please click visit [grandmasmarathon.com](http://grandmasmarathon.com). If you have any questions, please call our office at (218) 727-0947.

**PARK POINT KIDS' RACES**

The Park Point Kids' Races are also scheduled for Thursday, July 14. Starting at 5:30 p.m. near the playground at Park Point, these races are free and open to anyone ages 14 and under.

**TRAFFIC ADVISORY**

Minnesota Avenue will be closed to traffic on the day of the race between 22<sup>nd</sup> Avenue and the Sky Harbor Airport from 6:00 p.m. to 8:00 p.m. Participants should plan to arrive early to avoid delays or closures, and other community members are asked to allow themselves extra time if trying to access Park Point on that day.



Media is invited to cover any portion of the 2022 Park Point 5-Miler & 2-Mile Walk. For interview requests, please contact Marketing & Public Relations Director Zach Schneider via phone at (218) 343-9874 or via email at [zach@grandmasmarathon.com](mailto:zach@grandmasmarathon.com).

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**ABOUT THE YOUNG ATHLETES FOUNDATION (YAF)**

Created in 1990, this arm of Grandma's Marathon allows us to support community members and local businesses to provide pathways of opportunity for kids to live active and healthy lifestyles. The YAF offers a variety of community grants and youth programming, including our Grant Program, Running Shoe Program, UMD Eleanor Rynda Scholarship Fund, and kids' programming including Wednesday Night & Saturday Morning at the Races.

In addition, the YAF's mission is helped and funded by various races throughout the year --- St. Fennessy 4K, Fitger's 5K, Park Point 5-Miler, Minnesota Mile, and North End Nightmare.

Since its inception, the YAF has contributed more than \$1 million to area nonprofit youth athletic organizations.

