



## 2023 Grandma's Marathon Elite Athlete Assistance Program

Be a part of one of the fastest and most scenic events in the country! **Inquiries are accepted between January 1 and March 1, 2023.** Consideration for entry, lodging and travel assistance is based upon depth of the field and availability of budgeted funds at the time of inquiry. Interested athletes should send a detailed running resume to Sarah Culver at [sarah@grandmasmarathon.com](mailto:sarah@grandmasmarathon.com) for consideration. The following is the elite entry criteria:

### **Women's Qualifications**

Sub 2:47:00 (or a sub 1:19 half marathon) - Complimentary Entry  
Sub 2:43:00 - Up to 3 nights complimentary lodging in shared room  
Sub 2:42:00 - \$100.00 Food Allowance  
Sub 2:40:00 - \$100.00 Travel Allowance  
Sub 2:39:00 - \$200.00 Travel Allowance  
Sub 2:38:00 - \$300.00 Travel Allowance  
Sub 2:37:00 - \$400.00 Travel Allowance  
Sub 2:36:00 - \$500.00 Travel Allowance

### **Men's Qualifications**

Sub 2:23:00 (or a sub 1:08 half marathon) - Complimentary Entry  
Sub 2:20:00 - Up to 3 nights complimentary lodging in shared room  
Sub 2:19:00 - \$100.00 Food Allowance  
Sub 2:17:00 - \$100.00 Travel Allowance  
Sub 2:16:00 - \$200.00 Travel Allowance  
Sub 2:15:00 - \$300.00 Travel Allowance  
Sub 2:14:00 - \$400.00 Travel Allowance  
Sub 2:13:00 - \$500.00 Travel Allowance

A qualifying time must have been run on a certified course within 30 months prior to June 2023. Consideration for assistance at any level is based on a case-by-case situation and is entirely at the discretion of Grandma's Marathon-Duluth, Inc.

### **In Addition, all qualified athletes will receive the following:**

- Courtesy transfer/transportation from the Duluth International Airport to Host Hotel
- Pre and post-race elite athlete hospitality
- Access to elite shuttle buses to starting line (qualified athletes only)
- Private starting line tent and toilet facilities
- Private gear check
- Special fluids placement at eight water/aid stations (qualified athletes only)
- Elite athlete credential allowing free access to the pre-race Spaghetti Dinner on Friday, June 16
- Invitation for athlete and a guest to the post-race ASICS Reception at 6pm on Saturday, June 17

**Semi-Elite and Debut Marathon Participants** – As part of our ongoing effort to support up-and-coming American marathoners, we welcome runners who may be competing for personal best times or Olympic Trials qualifying performances, but are not necessarily top national competitors. Consideration for complimentary entry and other elite assistance is based on a case-by-case situation and is entirely at the discretion of Grandma's Marathon-Duluth, Inc. Due to a limited amount of entries available for the Semi-Elite Category we reserve the right to select among applicants for this benefit.

Qualifying Standards:       Men – Sub 2:28 marathon or a 1:10 half marathon  
                                      Women – Sub 2:50 Marathon or a 1:21 half marathon