



2024 Grandma's Marathon Elite Athlete Assistance Program

Be a part of one of the fastest and most scenic events in the country! **Athlete inquiries are accepted beginning January 2. Entry into the elite field is on a first-come, first-served basis.** Consideration for entry, lodging and travel assistance is based upon depth of the field and availability of budgeted funds at the time of inquiry.

Interested athletes should send a detailed running resume, including links to recent race results, to Sarah Culver at sarah@grandmasmarathon.com. The following is the elite entry criteria:

Women's Qualifications (Travel allowances are not cumulative)

- Sub 2:45:00 (or a sub 1:18:00 half marathon) - Complimentary Entry
- Sub 2:42:00 - Up to 3 nights complimentary lodging in shared room
- Sub 2:41:00 - \$100.00 Food Allowance
- Sub 2:39:00 - \$100.00 Travel Allowance
- Sub 2:38:00 - \$200.00 Travel Allowance
- Sub 2:37:00 - \$300.00 Travel Allowance
- Sub 2:36:00 - \$400.00 Travel Allowance
- Sub 2:35:00 - \$500.00 Travel Allowance

Men's Qualifications (Travel allowances are not cumulative)

- Sub 2:23:00 (or a sub 1:07:30 half marathon) - Complimentary Entry
- Sub 2:20:00 - Up to 3 nights complimentary lodging in shared room
- Sub 2:19:00 - \$100.00 Food Allowance
- Sub 2:17:00 - \$100.00 Travel Allowance
- Sub 2:16:00 - \$200.00 Travel Allowance
- Sub 2:15:00 - \$300.00 Travel Allowance
- Sub 2:14:00 - \$400.00 Travel Allowance
- Sub 2:13:00 - \$500.00 Travel Allowance

Masters (40+) Qualifications for Complimentary Elite Entry

Women - Sub 2:50:00 (or a sub 1:21:00 half marathon)

Men - Sub 2:32:00 (or a sub 1:12:00 half marathon)

Qualifying times must have been run on a certified course within 30 months prior to June 2024. Consideration at any level is based on a case-by-case situation and is entirely at the discretion of Grandma's Marathon-Duluth, Inc.

In Addition, all qualified athletes will receive the following:

- Courtesy transfer/transportation from the Duluth International Airport to Host Hotel
- Pre and post-race elite athlete hospitality
- Access to elite shuttle buses to starting line (qualified athletes only)
- Private starting line tent and toilet facilities
- Private gear check
- Special fluids placement at eight water/aid stations (qualified athletes only)
- Elite athlete credential allowing free access to the pre-race Spaghetti Dinner on Friday, June 21
- Invitation for athlete and a guest to the post-race ASICS Reception at 6pm on Saturday, June 22

Semi-Elite and Debut Marathon Participants

As part of our ongoing effort to support up-and-coming American athletes, we welcome runners who may be competing for personal best times, but are not necessarily top national competitors. Consideration for a semi-elite entry is based on a case-by-case situation and is entirely at the discretion of Grandma's Marathon-Duluth, Inc.

Each invited semi-elite athlete will receive a complimentary entry and access to the elite start line, but no other elite amenities. Due to a limited amount of entries available for the semi-elite category, we reserve the right to select among applicants for this benefit.

Qualifying Standards: Men – Sub 2:30:00 marathon or a 1:11:00 half marathon
 Women – Sub 2:50:00 Marathon or a 1:21:00 half marathon