RACECOURSE & ELEVATION



GRANDMA'S MARATHON

WATER & POWERADE Miles 3, 5, 7, 9, 11, 13, 15, 17, 19, 20, 21, 22, 23, 24, 25 TIME SPLITS Start, 3.1M, 6.2M, 13.1M, 16.2M, 20M, 22M, 24M, Finish PURE FUEL Mile 17 GARRY BJORKLUND HALF MARATHON WATER & POWERADE Miles 2, 4, 6, 7, 8, 9, 10, 11, 12 TIME SPLITS Start, 3.1M, 6.9M, 9M, 11.9M, Finish PURE FUEL Mile 4

FRESH FRUIT NEAR MILES 19/6 & 23.5/10.5 Courtesy of White Rest Causes Page Lagar adjusted Food Solution With a gener adjusted and Food Solution With a gener adjusted and Food Solution With a general adjusted and Food Solution With a general adjusted and Solution With a general adjusted adjus



- C RACECOURSE
- 26 MARATHON MILE MARKERS
- 13 HALF MARATHON MILE MARKERS
- WATER/POWERADE STATION
- MEDICAL TENT
- FIRST AID