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YOUNGSTERS MAKE HISTORY AT RECORD-SETTING 2025 WILLIAM A. IRVIN 5K

With Earlier Start Time, Race Sets New All-Time Record with 2,550 Finishers

(DULUTH, MINN.) --- Two youngsters led the way on Friday afternoon at the 2025 William A. Irvin 5K, with both Mason Shea and Mackenize Myran etching their names into the event's record books.

Shea, a recent graduate of UW-Eau Claire, became just the second men's runner to win the event three times, finishing in 15:32 and adding this year's victory to his past wins in 2021 and 2023. He was over one minute better than 18-year-old Gavin Stewart, who finished as runner-up in 16:46.

The 23-year-old Shea joins Scott Behling, a Duluthian who won the event in 2010, 2011, and 2014, as the winningest men's runners in the event's history.

Myran, meanwhile, just recently completed seventh grade and now is the event's youngest women's champion ever after running 18:34 to beat out 12-year-old Claire Donovan by only six seconds.

Laura Hughes had been the youngest women's champion in William A. Irvin 5K history, winning the 2007 event as a 15-year-old with a time of 17:50.

Marcus Carmicle, meanwhile, was the non-binary champion with a time of 22:04.

With a new racecourse and earlier start time – this year's event started at 1:00 p.m. after decades of using a 6:00 p.m. start on Friday of Grandma's Marathon weekend.

There were a record 2,550 finishers in this year's William A. Irvin 5K, breaking the old mark by more than 300 and making this the fourth straight year the race has seen a record number of finishers. Full results of the William A. Irvin 5K can be found [HERE](#).



For any questions or interview requests, please contact Marketing & Public Relations Director Zach Schneider via phone at (218) 343-9874 or via email at zach@grandmasmarathon.com.

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ABOUT GRANDMA'S MARATHON

Grandma's Marathon began in 1977 when a group of local runners planned a scenic road race from Two Harbors to Duluth, Minnesota. After seeing just 150 registered participants that year, the marathon has now grown into the 10th largest in the United States.

The race got its name from the Duluth-based group of famous Grandma's Restaurants, the first major sponsor of the marathon. Having now added the Garry Bjorklund Half Marathon and William A. Irvin 5K, the race weekend now welcomes more than 20,000 participants to Duluth and the surrounding region each year.

As the popularity of Grandma's Marathon weekend has grown, our mission has stayed the same – to organize, promote, and deliver annual events and programs that cultivate running, educational, social, and charitable opportunities to our communities.

Grandma's Marathon-Duluth, Inc. is a 501(c)(3) tax-exempt nonprofit organization with an nine-person, full-time staff and a 17-member Board of Directors.



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