

# Sustainability Internship

## Grandma's Marathon



### DESCRIPTION

Grandma's Marathon-Duluth, Inc. is looking for a Sustainability intern to join the organization in support of Grandma's Marathon race weekend and other Young Athletes Foundation (YAF) annual events.

This part-time position provides hands-on experience in special events, communications, sustainability planning in the areas of waste management, carbon emissions data collection and reduction efforts, and transportation. The position is flexible and can include other areas depending on skill set and interest.

Intern will contribute to organizing a leading United States marathon and one of the region's largest events, which sees over 20,000 weekend participants and has a \$39.4 million annual economic impact. All interns will report to the Program Director but may work with all members of Grandma's Marathon staff as needed.

### RESPONSIBILITIES

- Plan and execute sustainability expo booth at Essentia Health and Fitness Expo Grandma's Marathon race weekend
- Recruit and manage volunteers for Grandma's Marathon Weekend Sustainability efforts and smaller events throughout the year
- Create documentation for organization to receive certification from Council for Responsible Sport
- Create communication plan for runners, volunteers and community members on how to participate in our sustainability efforts
- Create plan to promote sustainable transportation options for race weekend participants
- Inventory carbon emissions from events and identify opportunities
- Help identify new initiatives that can be implemented
- Oversee waste collection, recycling, and upcycling of event materials
- Provide day-to-day office support of Grandma's Marathon operations and programs

### REQUIREMENTS

- Excellent interpersonal, written, and verbal communication skills (*juniors or seniors seeking degree in related field are preferred*)
- Strong interest in sustainability, climate change and environmental justice issues
- Able to adapt and prioritize in fast-paced work environment while maintaining a strong attention to detail

## **SCHEDULE**

The Sustainability intern will work approximately 6-10 hours/week from February to July, although the exact days and times are flexible depending on individual schedules.

Additional and increased weekend/evening hours may be required around key events and planning meetings.

The following are required event dates for this position:

- **Saint Fennessy 4K** – March 14, 2026
- **Fitger's 5K** – April 18, 2026
- **Grandma's Marathon Race Weekend** – June 18-21, 2026
- **Park Point 5-Miler** – July 16, 2026

## **COMPENSATION**

Interns will be paid \$14/hour for their time worked.

## **HOW TO APPLY**

For those interested, please submit a resume and brief letter of interest to Program Director Alivia Nelson via email at [alivia@grandmasmarathon.com](mailto:alivia@grandmasmarathon.com) **no later than January 31, 2026**.