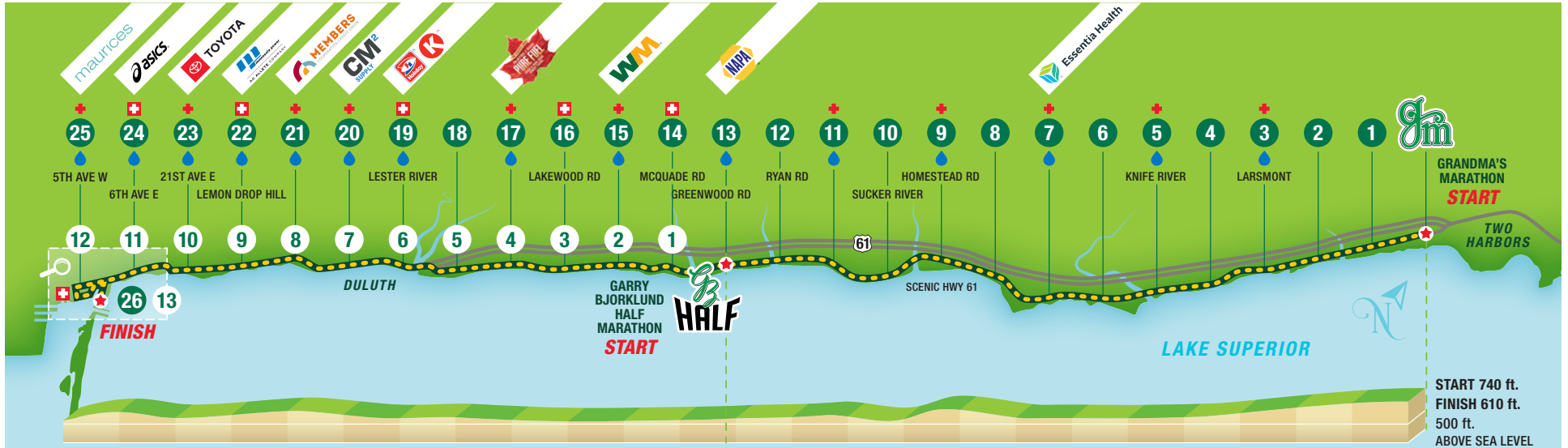


RACECOURSE & ELEVATION



GRANDMA'S MARATHON

WATER & POWERADE

Miles 3, 5, 7, 9, 11, 13, 15, 17, 19, 20, 21, 22, 23, 24, 25

TIME SPLITS

Start, 3.1M, 6.2M, 13.1M, 16.2M, 20M, 22M, 24M, 25M, Finish

PURE FUEL

Mile 17

GARRY BJORKLUND HALF MARATHON

WATER & POWERADE

Miles 2, 4, 6, 7, 8, 9, 10, 11, 12

TIME SPLITS

Start, 3.1M, 6.9M, 9M, 10.9M, 11.9M, Finish

PURE FUEL

Mile 4



FRESH FRUIT NEAR MILES 19/6 & 23.5/10.5

Courtesy of



Official Racecourse Performance Drink



Mountain Berry Blast is served on the racecourse.

- RACECOURSE
- MARATHON MILE MARKERS
- HALF MARATHON MILE MARKERS
- WATER/POWERADE STATION
- MEDICAL TENT
- FIRST AID