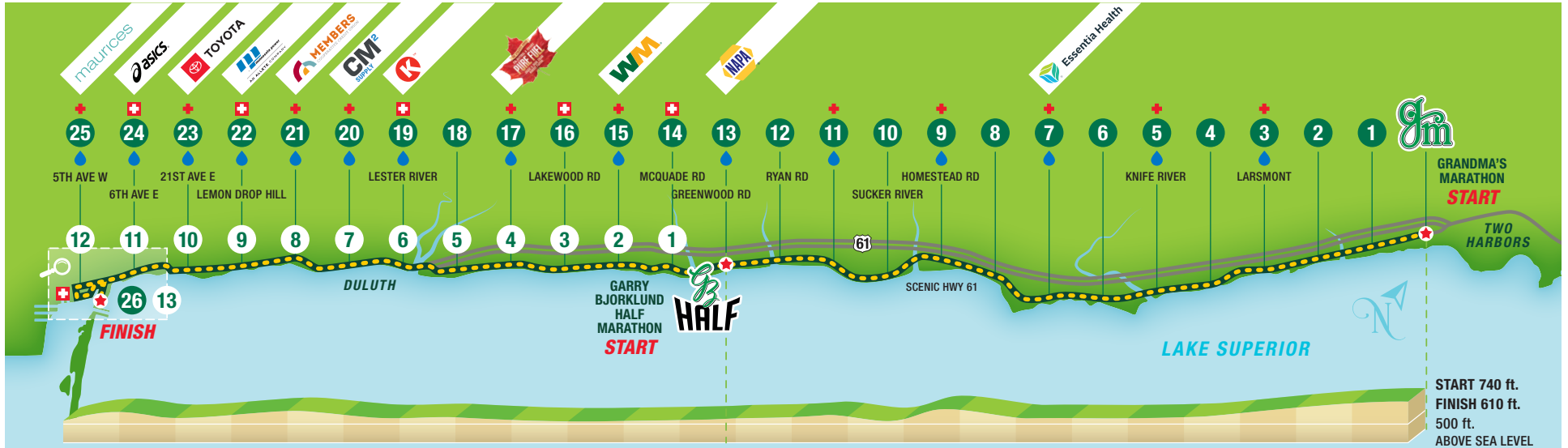


# RACECOURSE & ELEVATION



## GRANDMA'S MARATHON

### WATER & POWERADE

Miles 3, 5, 7, 9, 11, 13, 15, 17, 19, 20, 21, 22, 23, 24, 25

### TIME SPLITS

Start, 3.1M, 6.2M, 13.1M, 16.2M, 20M, 22M, 24M, 25M, Finish

### PURE FUEL

Mile 17

## GARRY BJORKLUND HALF MARATHON

### WATER & POWERADE

Miles 2, 4, 6, 7, 8, 9, 10, 11, 12

### TIME SPLITS

Start, 3.1M, 6.9M, 9M, 10.9M, 11.9M, Finish

### PURE FUEL

Mile 4



## FRESH FRUIT NEAR MILES 19/6 & 23.5/10.5

Courtesy of



## Official Racecourse Performance Drink



Mountain Berry Blast is served on the racecourse.

- RACECOURSE
- MARATHON MILE MARKERS
- HALF MARATHON MILE MARKERS
- WATER/POWERADE STATION
- MEDICAL TENT
- FIRST AID